

In the Claims

1-25. (cancelled)

26. (newly added) A variable motion exercise apparatus, comprising:

a frame designed to rest upon a floor surface;

left and right first members movably connected to the frame for movement in a first direction relative to the frame;

left and right second members movably connected to respective said first members for movement in a second, generally perpendicular direction relative to the frame;

left and right foot supports mounted on respective said second members; and

locking means for selectively locking the first members relative to the frame to constrain the foot supports to move through respective first paths, and for selectively locking the second members relative to respective said first members to constrain the foot supports to move through respective second paths.

27. (newly added) The exercise apparatus of claim 26, further comprising linking means for linking the first members to move in reciprocal fashion.

28. (newly added) The exercise apparatus of claim 27, wherein a rocker link is pivotally mounted on the frame, and the linking means includes left and right cables that extend from the rocker link to respective said first members.

29. (newly added) The exercise apparatus of claim 28, wherein the locking means includes a fastener that is insertable through alignable holes in the rocker link and the frame.

30. (newly added) The exercise apparatus of claim 27, further comprising second linking means for linking the second members to move in reciprocal fashion.

31. (newly added) The exercise apparatus of claim 30, wherein a rocker link is pivotally mounted on the frame, and the second linking means includes left and right cables that extend from the rocker link to respective said first members.

32. (newly added) The exercise apparatus of claim 31, wherein the locking means includes a fastener that is insertable through alignable holes in the second member rocker link and the frame.

33. (newly added) The exercise apparatus of claim 26, further comprising linking means for linking the second members to move in reciprocal fashion.

34. (newly added) The exercise apparatus of claim 33, wherein a rocker link is pivotally mounted on the frame, and the linking means includes left and right cables that extend from the rocker link to respective said second members.

35. (newly added) The exercise apparatus of claim 34, wherein the locking means includes a fastener that is insertable through alignable holes in the rocker link and the frame.

36. (newly added) The exercise apparatus of claim 26, wherein the locking means includes a first rocker link pivotally mounted on the frame and linked to respective said first members by respective

left and right cables, and a second rocker link pivotally mounted on the frame and linked to respective said second members by respective left and right cables, and at least one fastener that is insertable through aligned holes in the frame and the first rocker link and through aligned holes in the frame and the second rocker link.

37. (newly added) The exercise apparatus of claim 36, wherein the first rocker link and the second rocker link pivot about a common pivot axis relative to the frame.